I claim:

- 1. A method of preparing pita pocket bread in which immediately after baking the pocket bread pieces are cut, the walls of the pocket bread pieces are separated at the cut edge, and the pocket bread pieces are nested one inside another into a stack.
- 2. The method of claim 1, wherein said pocket bread pieces after being cut are generally semicircular in profile.
- 3. A package of pita pocket bread, wherein said package includes a stack of pocket bread pieces in which individual pieces of pocket bread are nested one inside another to create a stack inside said package.
- 4. A package as claimed in claim 3, wherein each said pocket bread piece is generally semicircular in profile.